

Supporting Emotional Needs of Gifted

Ames Community School District
Extended Learning Program
1921 Ames High Drive
Ames, IA 50010
(515) 817-0600

Thank you for choosing to participate in our pilot parent group. Your feedback will be invaluable as we evaluate the need for future parent groups in our district.

Attendance: Your attendance is expected at each weekly session. However, we understand that schedules are busy, if for any reason you are unable to attend a session please email or call to inform the facilitator of your absence from the group.

Homework: You will be asked to read a chapter from "A Parent's Guide to Gifted Children" prior to attending that week's session. The discussion of each session will be centered around the information from the assigned text for that evening.

Assignments and Session Discussions

October 8- *Identification*- Chapters 1, 2, and 13

October 15- *Motivation*- Chapter 4

October 22- *Discipline*- Chapter 5

October 29- *Stress Management*- Chapter 6

November 5- *Depression*- Chapter 7

November 12- *Communication of Feelings*- Chapter 3

November 19- *Peer Relationships*- Chapter 8

December 3- *Sibling Rivalry, Tradition Breaking, and Parent Relationships*- Chapters 9, 10, and 11

Contact Information:

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All information available on <https://sites.google.com/a/ames.k12.ia.us/ames-parent-support-group/>